



## Quick Facts

**Hero:**

Senator Joe Manchin,  
West Virginia  
Democrat

**Age:**

Adult

**Learned Skill:**

Through professional  
training

**Saved:**

Colleague, Senator  
Claire McCaskill

*Senator  
Manchin  
recognized his  
colleague was  
in trouble and  
jumped into  
action...*

## EVERYDAY HERO STORIES:

# Sen. Claire McCaskill suffered a broken rib after choking and being saved by Senator Joe Manchin



Senator Claire McCaskill



Hero—Senator Joe Manchin

Democratic Sen. Claire McCaskill suffered a broken rib after choking at a Senate lunch Thursday, where her Senate colleague Joe Manchin, a West Virginia Democrat, performed the Heimlich maneuver to save her.

She started choking and then started getting real red. I was big enough and tall enough to get some leverage on her and pick her up off her feet. I kept jerking and jerking until she said I am OK. It was all so scary. You can't imagine!

Someone called 911 but the incident happened so quickly it was over before they came.

The Capitol Physician came to check McCaskill's vital signs and she was fine. McCaskill said she was really grateful to Joe — a little bit of a sore rib for a couple of weeks is not a big deal.